

LARRY A. HOFF ePOST 2100



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Issue #90 OCTOBER, 2020

R, 2020 COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL MARIA KLENHARD

OUR NEXT MEETING

YOUR CYBER POST OFFICERS

Senior Vice Commander...... MARIA KLENHARD 916-952-7691

Adjutant...... MARIA KLENHARD 916-952-7691

OCTOBER 15th at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite: commander@epost2100.org.

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited <u>Our Web site</u>, lately?

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID. ROBERT MCTUREOUS

404-304-1772

SERVICE OFFICERS

Each American Legion Post is supposed to have a Service Officer or referral to one.

The Service Officer can be a help in areas such as financial, health, employment and other needs.

Got to the VA Web page to locate a Service Officer in your area: <u>https://</u> www.legion.org/serviceofficers/DC

For the State of Georgia:

MARK D DEMERS GEORGIA DEPT OF VETERANS SERVICE 1700 CLAIRMONT RD DECATUR, GA 30033

Phone: 404-929-5345

Fax: 404-929-5347

Send an e-mail to Mark

COMMANDER'S CORNER

September was National Recovery Month.

Post Commander..... ROBERT GREEN

Finance Officer..... MAC MCMILLAN

Judge Advocate..... TED RICHARDS

Exec. Committee..... ED MCMILLAN

Sergeant-at-Arms.....DAVID GREEN Service Officer.....ED MCMILLAN

Junior Vice CommanderOPEN

<u>Surgeongeneral.gov</u> is a valuable information source.



Before Covid-19, we veterans were already aware of lives which were impacted and lost due to dependency on various substances.

Now, with the pandemic, some veterans and families are facing additional challenges and may need our help in coping.

One of our Post's major reasons for being is the dissemination of information.

Visit our Web's <u>Resources page</u> which has many links to a wide variety of *resources* which are often updated (we received three new resources last month).

If you find any incorrect or dead links on our Web site, please let me know, as the Internet is not a static block of information. If you want me to add one or more resources (not giving just free advertising), also let me know.

The road to recovery for addicts often ends in their <u>untimely</u> <u>death</u>, so anything you and others can do to reach out to those who suffer addiction would be a blessing.

Your local government, fraternal and religious institutions are also a rich resource, but only if contacted, shared and acted with, right?

We lose about 17 veterans per day.

<u>Bob Green</u>

770-786-8702



| (Name) | | (Date of Birth) | | |
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<u>nt-formats</u>

THANK YOU FOR YOUR...

Thank you for your...MEMBERSHIP in the American Legion!

Only about one percent of Americans serve to protect the other ninety-nine percent in our volunteer military and though many service members work or have worked in a supportive role, we all put our lives on hold for the greater good.

Not every service member joins an organization to promote • their own benefits and those of their families, but you have chosen to join our unique cyber-based organization.

Thank you for your membership.

Previous newsletters have listed the many advantages of membership and you might have used some of them, as I have.

Though I do not use the many medical and health-related options (coincidentally, I am on the Green Team), I am thankful for financial help in obtaining two university degrees and in purchasing our first home.

Through association, I have made new friendships and gotten greater understanding of what the American Legion has provided for us via political influence.

The ever-present emphasis on membership numbers is, in part, due to the fact that the more members, the more political legislation to aid us and our families, so if you will, see if you can enlist others to join. —Editor

BE PREPARED

Not just a Boy Scout Motto, Be Prepared is just what it means, and in this case, it will refer to actions prior to an <u>emergency</u> or medical procedure.

Here are items for you to consider:

- Updated first aid kit
- Emergency escape/regroup plan
- Working flashlight and batteries
- Water and food for a week
- Fully-gased vehicle(s)
- Fire arm(s) and ammo?
- Cell phone and charger
- Living Will
- Advance Directive/Power of Attorney
- List of medications
- Dates and types of hospitalizations
- Bag for medicine bottles to take
- Important names and phone numbers

BE PREPARED !

HOW TO GET A GA ABSENTEE BALLOT APPLICATION

For those unable or unwilling to stand in line and vote in person, here is the official site to get information and request a GA absentee ballot application:

https://georgia.gov/vote-absentee-ballot

THE 2021 MEDICARE AND YOU eHANDBOOK

The *Medicare and You eHandbook for 2021* has been out, but in case you or others you know have missed it, you can download it at:

https://www.medicare.gov/forms-help-resources/medicare-you-handbook/download-medicare-you-in-different-formats



| FROM MILITARY.COM | PODCASTS |
|--|--|
| Military.com has some interesting updates to the military training and equipment. | As I looked over the latest monthly American Legion Online Update, I found this link to the podcasts. |
| Check out their Web site if you want to see some of the news and changes in our military services. <u>The US Military Coronavirus Response</u> <u>Military Opinion</u> <u>Military Events</u> <u>Army</u> <u>Navy</u> <u>Air Force</u> <u>Marine Corps</u> <u>Coast Guard</u> <u>United States Space Force</u> | https://www.legion.org/news/250385/medal- honor-valor-burn-pit-advocacy-and-veteran- suicide-awareness? utm_source=delivra&utm_medium=email&utm _campaign=092420_ALOU&utm_id=40200088 Are you not quite sure what a podcast is? Check out: https://www.google.com/search? g=what+is+a+podcast&rlz=1C1DVJR_enUS839U S839&oq=what+is+a+podcast&aqs=chrome69i 57j0l7.3996j0j4&sourceid=chrome&ie=UTF-8 Maybe this is another useful way to cope with |
| Common Voting and Election Terms This is a glossary with definitions of common voting and elections Congressional, State, and Local Elections Congressional elections take place between presidential election coming elections near you. Decide Who to Vote For Learn how to make informed choices by using voter guides and sa Find My State or Local Election Office Website Visit your state's election office website for state-wide voting guide How, Where, and When to Vote Find out about voting in person or by mail-in absentee ballot. And didate, regardless of party affiliation. Inauguration of the President of the United States Inauguration Day is the day when the President-elect and Vice Presidential Election Process Learn about the presidential election process, including the Elect conventions. Voter Registration If you've moved, changed your name, or want to update your polisistration. Voting and Election Laws and History Know the laws that protect your right to vote and govern the elect how voting methods and habits have evolved. | s. State and local races happen yearly. Learn about up- ample ballots to research candidates. lance. d learn that in general elections, you can vote for any can- esident-elect swear in and take office. oral College, caucuses and primaries, and the national tical party affiliation, you need to update your voter reg- |
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This is an especially important and worthwhile project that the entire Legion family should be involved with. Through this program we honor our fallen heroes, veterans that have passed on to Post Everlasting, and we also support our Georgia Veterans at VA hospitals and clinics in the State through a donation to the Department Commanders Joint Special Project. This fund supplies much needed nonappropriated items that our Georgia veterans need and want.

• If every Legion Post, SAL Squadron, Auxiliary Unit, ALR Chapter and District organization sponsors 10 wreaths, we would place approximately 5,120 wreaths.

• The rebate for the Department Special Project would be \$25,600!

This would go a long way to reaching our annual goal of \$100,000! This year we are supporting wreaths being placed at the cemeteries below.

- Andersonville National Cemetery
- Chattanooga National Cemetery
- Ft Mitchell National Cemetery
- Georgia National Cemetery
- Glennville State Cemetery
- Marietta National Cemetery
- Milledgeville State Cemetery

The Georgia State House ceremony will be held at the State Capital Building on Monday December 14th, 2020 at 11:30 AM. Wreath laying at all cemeteries will be on Saturday December 19th, 2020.

If you wish to sponsor one or more wreaths, please use the form below.

WREATH SPONSORSHIP FORM

Sponsored wreaths are placed on the grave markers at state, national veterans cemeteries as well as local cemeteries each December.

| Name: | | |
|----------|------|--|
| Address: | | |
| City: | | |
| State: | Zip: | |
| Phone: | | |
| Email: | | |

PLEASE MAKE CHECKS PAYABLE TO: American Legion Post 2100

American Legion Post 2100

Mail to: AL Post 2100 c/o Maria Klenhard, ADJ 115 W 3rd Street Manchester, GA 31816

| Sponsorship | Price | Quantity | Total |
|-----------------------------|---------|-------------|-------|
| Individual = 1 Wreath | \$15.00 | | |
| Family = 4 Wreaths | \$60.00 | | |
| Small Business = 10 Wreaths | \$150 | | |
| | | Grand Total | |

Join me on 09/30 FOR A SPECIAL EVENT ON AMERICASWEBRADIO.COM "A VETERAN'S STORY"

PAUL GRASSEY: WWII B-24 COMBAT BOMBER PILOT

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SCOTT LOEHR: CEO OF THE MIGHTY 8TH AF MUSEUM IN SAVANNAH

COL BRENT BRASSWELL: ARMY AVIATOR, FLEW IN DESERT STORM, BOSNIA AND IRAQI FREEDOM



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